

U13 and Above Modified Playing Rules

Law I-The Field:

Dimensions: The field of play shall be rectangular.

Width – Minimum 60 yards – Maximum 75 yards

Length – Minimum 100 yards – Maximum 120 yards

Markings: Distinctive lines not more than (5) inches wide.

A halfway line shall be marked out across the field.

A center circle with an eight (8) yard radius.

Four corner arcs each with a One (1) yard radius.

Goal area: Twenty (20) yards Wide and six (6) yards into the field of play joined by a line drawn parallel with the goal line.

Penalty Area: Forty-four (44) yards wide and Eighteen (18) yards into the field of play joined by a line drawn parallel with the goal line. Within the penalty area a penalty mark is made twelve (12) yards into the field of play centered between the goal posts.

Goals: The size of goals will be 8 feet by 24 feet.

Law II-The Ball:

Size: Five (5)

Law III-Number of Players:

Maximum number of players on the field at any one time is eleven (11), one of which must be the goalkeeper.

Minimum number of players to start or continue a match is seven (7).

Maximum number of players on the roster should not exceed Twenty-two (22) players.

Substitutions: Unlimited substitutions with the permission of the referee at the following times:

1. Prior to a throw in when the ball is in possession of the team substituting or both teams may substitute players if the team not in possession of the throw has their substitutes at the mid-field line ready to substitute.
2. Corner Kick – Team in possession may substituting or both teams may substitute players if the defending team has their substitutes at the mid-field line ready to substitute.
3. Goal Kick – Either team.

4. After a goal has been scored and prior to the succeeding kick-off – Either team.
5. During the half-time interval.
6. Injury – If an injured player is substituted, the opposing team may substitute one for one. If a coach enters the field of play to attend to an injured player, that player must be substituted off unless it is the goal keeper.
7. Cautioned player (Yellow card) at the time the caution is issued.

Law IV-Players Equipment:

Players may not wear any item of equipment that may be dangerous to themselves or others. Tennis shoes or soft-cleated soccer shoes are recommended.

Shinguards are mandatory.

Ear rings, necklaces, wrist bracelets and “hard” hair barrettes are examples of jewelry that should be removed.

Law V-The Referee:

An official licensed referee will be assigned to each field.

Law VI- Assistant Referee:

Two (2) official licensed referee’s will be assigned to each field.

Club linesman may be used.

Law VII-Duration of the Game:

The game shall be divided into two (2) equal halves.

U13, U14, U15 = Thirty-five (35) minute halves.

U16 – U19 = Forty (40) minute halves.

There shall be a half-time break not to exceed five (5) minutes.

Law VIII-The Start of Play:

Conform to FIFA, with the following exception: Opponent must be ten (10) yards from the ball until it is in play.

Law IX-Ball In and Out of Play:

Conform to FIFA: Ball must completely cross over goal line or touch line to be out of play.

Law X-Method of Scoring:

Conform to FIFA: Ball must completely cross over goal line and between posts and beneath crossbar to be a goal.

Law XI-Off-Side:

Conform to FIFA.

Law XII-Fouls and Misconduct:

Conform to FIFA.

Law XIII-Free Kicks:

Conform to FIFA.

Law XIV-Penalty Kicks:

Conform to FIFA.

Law XV-Throw-In:

Conform to FIFA

Law XVI-Goal Kick:

Conform to FIFA.

Law XVII-Corner Kick:

Conform to FIFA with the exception that opponents must remain at least ten (10) yards from the ball until it is in play.