

Safety Precautions for Return to Play



Based on the current situation and the guidance of the CDC, USSSA and the City of Independence, the following changes will be implemented this season to help prevent the spread of communicable disease and protect our children and families, while being able to enjoy soccer as much as possible

1. Players, coaches & parents must not have any symptoms of cold, from mild cough or runny nose to fever. If symptoms exist or someone in the home has had symptoms or a fever in the past 2 weeks, player should not attend practice or games. Coaches should ask players about symptoms and how they are feeling at the start of each practice and game.
2. No contact of any kind. Includes handshakes, huddles, fist bumps, etc.
3. Only 1 representative from each team will participate in the pre-game with the refs and maintain social distancing during the coin toss.
4. Practice social distancing as much as possible while in the team bench area.
5. Team benches will be on opposing sides of the field to limit interaction.
6. Parents/spectators should practice social distancing, leaving at least 6 feet between anyone not in your immediate family.
7. Coaches should have hand sanitizer at the bench. Players use this before the game, after the game & when subbing off the field.
8. No sharing of equipment. Make sure water bottles are clearly marked and identifiable. Remind players to NOT share their water during a game or practice. Do not share goalie gloves, shirts, pinnies or other items.
9. Players should limit items brought to the field and keep their belongings as neat and tidy as possible on the bench/sidelines. If excess items are needed they should be in a bag /backpack. Bags need to be lined up nicely and not touching. Do not throw them into a pile.
10. Game ball shall be supplied by the league. Referees will bring the ball to the field and sanitize between games and at half time.
11. Absolutely NO SPITTING! This will result in automatic removal from the field.
12. Coaches will not sign the game cards after the game.
13. Teams must leave the field immediately after the game to allow for sanitization before the next team arrives. Take EVERYTHING from the bench area. Do not leave any items or trash behind. Referee will inspect and give the all clear for coach to leave and then sanitize the bench.
14. Game times will be staggered to limit interaction and allow teams to clear the fields and leave before the next teams arrive. Teams & parents should take the field 15 minutes prior to game time. Please do not hang out earlier or linger before/after games.

Notify the League immediately if any player or family member in the home develops symptoms or a fever at any time, or learns they have been exposed to someone who has COVID.