

High School Small Sided - Modified Playing Rules

Law I-The Field:

Dimensions: The field of play shall be rectangular

Width – Minimum 45 yards – Maximum 55 yards

Length – Minimum 70 yards – Maximum 80 yards

Markings: Distinctive lines not more than (5) inches wide.

A halfway line shall be marked out across the field.

A center circle with an eight (8) yard radius.

Four corner arcs each with a One (1) yard radius.

Goal area: Twelve (12) yards Wide and five (5) yards into the field of play joined by a line drawn parallel with the goal line.

Penalty Area: Thirty-six (36) yards wide and Fourteen (14) yards into the field of play jointed by a line drawn parallel with the goal line. Within the penalty area a penalty mark is made ten (10) yards into the field of play centered between the goal posts.

Goals: The size of goals will be 7 feet by 21 feet.

Law II-The Ball:

Size: Five (5)

Law III-Number of Players:

Maximum number of players on the field at any one time is seven (7), one of which must be the Goalkeeper.

Minimum number of players to start a match is five (5).

Maximum number of players on the roster should not exceed seventeen (17) players.

Substitutions: Anytime ball is out of play with the permission of the Referee.

Law IV-Players Equipment:

Players may not wear any item of equipment that may be dangerous to themselves or others. Tennis shoes or soft-cleated soccer shoes are recommended.

Shinguards are mandatory.

Ear rings, necklaces, wrist bracelets and “hard” hair barrettes are examples of jewelry that should be removed.

Law V-The Referee:

Two official licensed referees will be assigned to each field.

Law VI- Assistant Referee:

Not Used

Law VII-Duration of the Game:

The game shall be divided into two (2) equal, twenty-five (25) minute halves.

There shall be a half-time break not to exceed five (5) minutes.

Law VIII-The Start of Play:

Conform to FIFA, with the following exception: Opponent must be eight (8) yards from the ball until it is in play.

Law IX-Ball In and Out of Play:

Conform to FIFA: Ball must completely cross over goal line or touch line to be out of play.

Law X-Method of Scoring:

Conform to FIFA: Ball must completely cross over goal line and between posts and beneath crossbar to be a goal.

Law XI-Off-Side:

There will be no Offsides.

Law XII-Fouls and Misconduct:

Conform to FIFA.

Law XIII-Free Kicks:

Conform to FIFA with the following exception:

Opponents must be eight (8) yards away

Law XIV-Penalty Kicks:

Penalty Mark is located ten (10) yards into the field of play centered between goal posts.

Opponents are at least eight (8) yards from the penalty mark and outside the penalty area and arc.

Law XV-Throw-In:

Conform to FIFA

Law XVI-Goal Kick:

Conform to FIFA.

Law XVII-Corner Kick:

Conform to FIFA with the exception that opponents must remain at least eight (8) yards from the ball until it is in play.